Food Items	Manufacturer	Item #	CHO (g)	Serving Size	Egg	Milk	Cheese	Whey	Soy	Soy Oil	Wheat	Whole Wheat	Peanuts	Peanut Oil	oduced in peanut/nut facility	Other nuts	ls (e.g. sunflower, seasame)	Pork	Other	Dyes	Spec?
Breakfast																					
Bagel, Strawberry Mini	General Mills (Pillsbury)	138413000	39	1 package		X	X	X	X	X	X	X									X
Bagel with Cream Cheese						X				X	X	X									
Bagel, white WG	Lenders	00074/00075	29	1 bagel						X	X	X									
Cream cheese	Driftwood	60501	1	1 oz		X															
Bars Buttermilk , Twin Pkg (2.65 oz)	Dave's Baking Co	WG1001	43	1 pkg	X	X			X	X	X	X									X
Blueberry Crumble (3.6 oz)	Buena Vista Food Prods	90060	43	1 muffin	X	X		X		X	X	X									X
Breakfast Bar, Oat. Choc. Chip (2.5 oz)	Readi-Bake Benefit	40401	47	1 each	X			X	X	X	X	X									
Cereal, Frosted Mini Spooners	M.O.M Brands	FW-5.0 BB	46	1 bowl								X						X	X		X
Cereal, Honey Nut Scooters	M.O.M Brands	HNO-5.2 BB	46	1 bowl							X										X
Cereal, Raisin Bran	M.O.M Brands	RB-5.3 BB	45	1 bowl							X	X									X
Chicken & Biscuit Sandwich, Breakfast (1.45 oz) (Ingredients below)						X			X		X	X									
Chicken patty	Tyson	5778-328	11	1 patty					X		X	X									
Biscuit, Buttermilk (2.25 oz)	Bridgeford	6170	28	1 biscuit		X			X		X										
Cinnamon Roll (3.5 oz)	Bake Crafters	1263	50	1 each	X	X				X	X	X									X
Cinnamon Crumble (Coffee Cake)	Buena Vista	90040	50	1 each	X	X		X		X	X	X									X
Concha Bread (2.25 oz)	Lupita's	1451	34	1 each	X	X		X	X	X	X										X
Egg and cheese on WG bun	AdvancePierre	68079	20	1 each	X	X	X	X	X	X	X	X								X	X
French Toast Sticks	Sunny Fresh	40032	25	3 sticks	X				X	X	X	X					X				X
Muffin Top, Blueberry (2.5 oz)	Buena Vista Food Prods	63130	34	1 muffin	X	X					X	X									
Pancake & Sausauge on a Stick (3 oz)	Don Lee Farms	CNQ71300P	24	1 pancake	X	X			X	X	X							X	X	X	X
Pancake Sausage Sandwich	Bake Crafters	9125	18	1 each	X	X		X	X	X	X	X								X	X
Pizza Breakfast Bagel	Tony Roberts	78976 and 78977	21	1 each		X	X	X			X	X									X
Pizza, WG Turkey Sausage Breakfast Pizza 50/50 (3.31 oz)	Tonys (Schwan Food Co)	63912	26			X	X	X	X	X	X	X					X				
Poptart, Frosted Cinnamon, Whole Grain (2 pack)	Kellogg's		74	1 package					X	X	X	X									X
Poptart, frosted strawberry, whole grain (2 pack)	Kellogg's	9264	75	1 package					X	X	X	X							X	X	X
Rolled Taco, Egg and Cheese	Ruiz	41096D	14	1 taco	X	X	X	X	X	X	X	X									X
Scone, Chocolate Chip	Fat Cat Bakery	WGCC96-2gb	50	1 each		X		X			X	X									X
Sunrise Sandwich - Beef (ingredients below)				1 sandwich		X	X		X	X	X										
Chicken Sausage Patty (1.6oz)	Tyson	5778	1	1 patty					X												
English Muffin	Galasso	7110	26	1 muffin					X	X	X										
American cheese	USDA		2	1 slice		X	X													X	

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Lunch Items																					
Beef Hot Dog																					
Hot Dog, Beef	Hoffy	1811	4	1 each		X		X	X												X
Galasso WW Hot Dog Bun	Galasso	2117	31	1 each							X	X									X
Beef Taco Stick (4.6 oz)	Integrated Food Service	270019/C45019	32	1 each		X	X		X		X										X
Burrito, Bean and Cheese w/ Red Sauce	Fernando's	5826	36	1 burrito		X	X	X	X	X	X	X									X
Cheese Pillow Pull Aparts	Ardella's	90129	29g	1 each		X	X	X	X	X	X	X									X
Cheeseburger & Bun (Beef Steak Burger) (ingredients below)																					
Beef Steak Burger (Don Lee Farms)	Don Lee Farms	CNQ163003	0	3 oz																	
Hamburger Bun, White Whole Wheat 3.5"	Galasso's Bakery	2139	30	1 bun							X	X									X
American Yellow Cheddar Cheese	Commodity			1 slice		X	X													X	
Cheeseburger Mini Twin, Slider	Integrated Food Service	470220	28.:	1 each		X	X		X	X	X	X								X	X
Chicken Corn Dog	Foster Farms	95150	25	1 each	X	X		X	X	X	X	X									X
Chicken Double Dogs	Michael B's Food Prods	DD400	31.:	1 each						X	X	X									X
Chicken Tenders, Breaded	Tyson	3859-328	12	3 pieces	X				X		X										X
Ciabatta Grilled Cheese Sandwich	E.S. Foods	16944	26	1 each		X	X	X	X	X	X	X									X
Fresh Start Meal with Turkey and Cheese Hoagie Sandwich	Fresh Start Meals	MBSC29	61	1 meal																	
Hamburger (Beef Steak Burger) (ingredients below)																					
Beef Steak Burger (Don Lee Farms)	Don Lee Farms	CNQ163003	0	3 oz																	
Hamburger Bun, White Whole Wheat 3.5"	Galasso's Bakery	2139	30	1 bun							X	X									X
Nachos (ingredients below)																					
Cheese Sauce Cup (3 oz)	Land O Lakes		15	1 each		X	X	X													
Snak King WG Tortilla Chips	Snak King	260529	31	1 bag															X		
Cheese Stick, Mozzarella	Land O Lakes		1	1 each		X	X	X													
Nada Pocket-Italian	Bell Tasty Foods	KBTR13	31	1 pocket		X	X	X	X	X	X										
Nada Pocket-Taco, Turkey (4.5 OZ)	Bell Tasty Foods	Taconada2B12	31	1 each		X	X	X	X	X	X	X							X		X
Pizza, French Bread	Ardella's	90160 or 90161	30	1 each		X	X	X	X	X	X	X									X
Pizza, Galaxy, Chs 100% Moz. 4"	Tonys (Schwan Food Co)	78364	29	1 each		X	X	X	X	X	X	X									X
Pizza, Galaxy, Pep 100% Moz. 4"	Tonys (Schwan Food Co)	78477	32	1 each		X	X		X	X	X							X			X
Pizza, Sliders- Pepperoni	Ardella's	90630	30	2 each		X	X			X	X	X						X			X
Turkey & Cheese Sub	Rose & Shore	TDC336WC	32	1 each		X	X	X	X	X	X	X								X	
Uncrustable PBJ ww, 2.6 oz. + Cracker + Peanut Butter Packet																					
Peanut Butter Packet	USDA		9	1 each									X	X	X						X
Cracker, Jungle	J&J		20	1 bag							X	X									

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Uncrustable 2.6 oz	Smuckers	5150006960	32	1 each					X	X	X	X	X				X				X
Uncrustable PBJ, 5.3 oz., Grape MS/HS	Smuckers		56	1 each					X	X	X	X	X				X				
Fruit																					
Apple 163 Count	Sunrise Produce		15.:	1 each																	
Apple Bag (2 oz.)	Sunrise Produce		7.8	1 each																	
Applesauce, Original Motts (4 oz)	Mott's		24	0.5 cup																	
Banana, Petite (7"to 7-7/8")	Sunrise Produce		27	1 each																	
Cherries, Dried	USDA		27.	0.25 cup																	
Frozen Cup, Berry Lemon (4.4 oz)	Driftwood	23060025	19	1 each																	
Grape Escape, Bag	Sunrise Produce		10	1 bag																	
Honeydew Melon, Raw	Sunrise Produce	9064	7.5	3 oz.																	
Juice, Apple	Driftwood		15																		
Juice, Fruit Punch	Driftwood		15																		
Juice, Gold Rush Fruitable	Apple and Eve		10	4.23 oz																	X
Juice, Orange	Driftwood		14																		
Juice, Wild Berry	Driftwood		15																		
Orange Pineapple Frozen Juice Cup	J&J Snack Foods Corp	23060010	18	1 each																	
Orange Smiles, Whole	Sunrise Produce		15.4	1 each																	
Plum, Fresh	Sunrise Produce		7.5	1 each																	
Raisels, Watermelon	Popcorn Man	CWR300	35	1 package																	
Strawberries, Frozen Cup (4.5 oz)	USDA Commodity	100256	21.!	1 each																	
Strawberries, Raw	Sunrise Produce		5.5	0.5 cup																	
Tangerines, Fresh 100 Count	Sunrise Produce		16	1 each																	
Watermelon Chunks	Sunrise Produce		12.	1 cup																	
Vegetables																					
Carrot Broccoli (3.5 oz bag)	Sunrise Produce		5	1 package																	
Carrots, Baby (3 oz)	Sunrise Produce		8.1	1 bag																	
Celery Sticks (2.5 oz)	Sunrise Produce	9078	2.1	1 bag																	
Edamame Bag (3 oz)	Sunrise Produce		6	1 bag					X	X											
Jicama Sticks (2.75 oz bag)	Sunrise Produce	9080	6.9	1 bag																	
Peas, Snap (Fresh)	Sunrise Produce	10613	4	0.5 cup																	
Zucchini Coins	Sunrise Produce	9085	3	1 bag																	

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Treats																					
Chips, Cheddar and Sour Cream (0.8 oz)	Ruffles	56882	17	1 package		X	X	X									X			X	
Chips, Cheesy Cheese Puffs	Snak King	240183	15	1 bag		X	X	X		X							X			X	
Chips, Cheetos White Cheddar	Pepsi Co		17	1 bag		X	X	X									X				
Chips, Doritos RF Nacho Cheese (1 oz)	Frito Lay	UPC0284003174	20	1 bag		X	X	X									X				
Chips, Doritos White Nacho (1 oz)	Pepsi Co	67609	20	1 bag		X	X	X									X				
Chips, Sun, Harvest Cheddar (1 oz)			19	1 package		X	X	X				X					X				
Cookie, Chocolate Chip, Linda's (2.5 oz)	Buena Vista		44.	1 each	X						X	X									
Cookies, Grandma's Blueberry Bites	Pepsico		20	1 bag		X			X		X	X			X		X				
Cookies, Grandma's Chocolate Chip Minis	Pepsico		25g			X			X		X	X			X						
Cracker, Cinnamon Holiday	Smart Foods 4 Schools		21	1 bag								X									
Cracker, Goldfish Cheddar	Pepperidge Farm	86182	14	1 package		X	X				X										
Cracker, Halloween	Smart Foods 4 Schools	57070	21	1 bag								X									
Cracker, Cheez-Its (.75 oz)	Sunshine	13738	14	1 bag		X	X	X	X	X	X										
Cracker, Chortles Chocolate (1 oz)	Quaker Hill Farms, Inc.	9535000042	19	1 serving	X	X			X			X					X				
Cracker, Jurassic World	Kellogg's	14250	21	1 bag				X	X	X	X										
Cracker, States and Capitals	Dick and Jane	SC 8801	18	1 bag		X			X		X	X									